In this talk I examine treatment-seeking journeys to one of the largest shrines in north India renowned for the treatment of pagalpan (madness), the Sufi shrine of Badaun, working closely with a Sufi healer from Delhi, and a group of psychiatrists from the All India Institute of Medical Sciences (Delhi). The conception of illness with which treatment-seekers approach such a shrine is described as asrat (an “effect”), a key aspect of which is that symptoms can move or switch between kin, in ways that are also psychiatrically real. As crucially, an asrat often begins with a threat to existence, which may appear explicitly as an antagonism, or implicitly as a life-negating doubt (shaq) or injury from an intimate other. Rather than an unbridgeable divide between secular and religious conceptions of the psyche, I ask what illness and therapy might be, as a passage between bodies, and the ways in which the biomedical and the spiritual pharmakon are not necessarily contraries.