

SRI LANKA WEEK

Programme

Thursday, 21.01.2015

2 pm – 8 pm

Heinrich-Zimmer-Lesesaal

In the course of the Sri Lanka Week (17.-23.01.) in the Marstall Mensa, organised by the Studierendenwerk, the Sri Lanka Working Group invites all interested persons to a cultural framework programme at the South Asia Institute.

2 pm *Talk & Discussion*

How to Cultivate Mindfulness With the Teachings of the Buddha

Bhante Shanthabodhi and Bhante Panghadassana

Practicing a life as Buddhist monks, Bhante Shanthabodhi and Bhante Panghadassana will talk about the Buddhism in Sri Lanka, the teaching of the Buddha and their experiences in Germany.

4 pm *Information*

Academics and Sri Lanka at the South Asia Institute

6 pm *Music & Discussion*

Songs of the Island

Suranga Perera

Classical Sinhala Songs

Sujeewa Karunanajeke-Schimaniak & Werner Schimaniak

Traditional Songs

8 pm *Standing Reception*